**STOP SCHOOL BULLYING**

Aimed to increase student awareness of bullying and its impact, increase empathy toward victims, and enhance positive attitudes toward school and academic achievement (Tsiantis et al, 2013). A student workshop also aimed at developing strategies to manage instances of bullying in school.

### 1. INITIATING ORGANIZATION(S), PARTICIPATING COUNTRIES

Association for the Psychological Health of Children and Adolescents (APHCA), Greece

### 2. THEORETICAL APPROACH

Holistic approach, based on Olweus principles

### 3. PROGRAM DURATION

11 weeks (November 2011 to May 2012)

### 4. COMPONENTS AND PRACTICAL INFORMATION

11 weekly 90 minute workshops conducted in class by the class teacher based on a Teacher Manual aimed at increasing the understanding and awareness of the phenomenon of school bullying across the school, targeting students, educators and parents. Content of the workshops is described in detail in the Teacher manual (Tsiantis, 2011): discussing and signing class rules, discussions, group activities including drama and art. A second component of the program was the Parents’ Meetings.

### 5. PROGRAM PARTICIPANTS

20 schools, totaling 666 students, in the wider Athens area, Grades 4-6

### 6. ASSESSMENT

Tsiantis and colleagues (2013) found:

- A statistically significant **55.4% decrease** in victimization (measured by the number of victims) from pretest to posttest was documented for the experimental group, while the decrease was 23.3% for the control group.
- A **55.6% decrease in bullying** was documented from pretest to posttest for the experimental group, while the decrease for the control group was 15.38%.

### 7. FURTHER READING AND CONTACT INFORMATION


Abstract available online
http://scholar.google.gr/scholar?hl=el&q=The+Effects+of+a+Clinical+Prevention+Program+on+Bullying%2C+Victimization%2C+and+Attitudes+toward+School+of+Elementary+School+Students&btnG=